

# DO YOU CARE FOR SOMEONE WITH PARKINSON'S?

Training and educational resources for professionals  
working in social care

## EXCELLENCE NETWORK LEARNING HUB

From tools and publications, to videos and Q&As, we have lots of resources to help you in your role as a social care professional working within the Parkinson's community.

[www.parkinsons.org.uk/professionals/resources-professionals](http://www.parkinsons.org.uk/professionals/resources-professionals)



The Excellence Network learning hub offers training programmes for professionals to improve the quality of care for people affected by Parkinson's. We provide learning that is suitable for all levels of staff working across different disciplines.

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### Caring for residents with Parkinson's

This free 20 minute online presentation from Parkinson's UK will help care home workers understand the key issues when caring for people with Parkinson's.

By the end of the presentation you will have an increased understanding of Parkinson's and its variety of symptoms, feel better equipped to be able to help someone with Parkinson's to manage their condition, be able to identify care plan actions for your residents with Parkinson's and understand the importance of people getting their Parkinson's medication on time.

We also have a presentation specifically for domiciliary care workers.

### Parkinson's: Foundation modules

This course is suitable for anyone working in health or social care that wants a foundation understanding of Parkinson's.

It is self directed learning so you can work through the interactive learning units at a pace suitable to your needs. You can choose to complete the whole course or pick a combination of learning units. You can expect the full course to take a minimum of 10 hours learning.

### Parkinson's Train the Trainer

This course is for experienced health and social care trainers who want to learn how to deliver a 3 hour course on Parkinson's to their colleagues. In order to become a UK Parkinson's Excellence Network trained trainer you need to complete two courses and attend a webinar.

The first course provides the background knowledge and understanding of Parkinson's. Once you've completed and passed this, you can access the second course which teaches you how to deliver the Parkinson's Explained presentation.

You'll then be able to deliver the Parkinson's Explained session at your place of work, fully endorsed by PDNSA.

You'll also receive a full training pack, allowing you to start delivering the training immediately.



## PARKINSON'S UK VOLUNTEER EDUCATOR PROGRAMME

This free 1-hour course will give a solid introduction to Parkinson's for staff in nursing and care homes and home care agencies.

A Parkinson's UK volunteer educator, trained by the charity and often with personal experience of the condition, will deliver this course virtually.

### NEW Physical activity & exercise course

This is a free 2 hour online course for people who provide or promote physical activity and exercise to people with Parkinson's. This may be in a leisure centre, health care setting or in the community.

### For more information

Please contact your Area Development Manager,  
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