

# 29th January 2021

## Weekly News and Keeping Well Tips



Inclusion North will give you the Government's big messages here.

Sorry

There have been more than 100,000 deaths from Coronavirus in the UK.

On Wednesday the Prime Minister Boris Johnson said that he was very sorry for every life lost.

The number of people catching Coronavirus is still very high and there are 37,000 people in hospital.

Because of this it means that schools will not be able to re-open after February half term.

Schools might start to open again on Monday March 8<sup>th</sup>.

The Government wants to make sure that the most vulnerable people get the vaccine first.

It is important to see that it is saving lives and stopping people from becoming really poorly.

The Prime Minister said that the Government will work with parents, teachers and schools to develop a plan to make sure all children have the chance to catch up on their learning.



February

22



On the 22nd February the Government will share a plan for the country.

The plan will include re-opening schools and what needs to happen to get us out of lockdown.

We all need to do what we can to make sure we don't catch the virus, so that we don't end up in hospital. Remember to



- Stay at home as much as possible
- Wash your hands often
- Keep a distance of 2 metres away from other people
- If you have to go out wear a face covering if you can

### Keeping Well Tips



Have a go at growing some seeds in a pot in the house or in the garden if you have one.

There are many seeds that can be sown now especially as the days are starting to get a bit warmer and longer.

You can put the pot on your window sill and watch the seeds grow. It's magical.



It's good to have plants in the home, they can make you feel more relaxed.