



## Nail Care - Skills for Care

This training is aimed at social care staff and may include registered managers, deputy managers and senior carer/support staff within care homes and domiciliary care. It aims to provide training in nail care, promoting good foot health, non-pathological and pathological nails, footcare related to long-term conditions and referrals for specialist professional help.

### Training package

The training package consists of learning resources and a one-hour webinar. You will need to allocate around one-hour of independent directed study time to complete the pre-webinar learning. In total, this training package should take two hours.

Register for a place at <http://hud.ac/i0n> and enter password: **SFC-NC2021**. Once registered, you should work through the learning resources prior to taking part in the webinar. Please see webinar dates and times overleaf.

### Content:

- Simple nail care
- Guide to nail care instruments
- Non-pathological and pathological nails
- Foot health education
- Diabetic Foot Health

### Question and answer webinar

The webinar supplements the learning resources. It is designed to give participants the opportunity to ask the presenter questions.

Dr Andy Bridgen, BSc (Hons), MSc, PhD, MCPOD, FHEA

Andy is postgraduate course leader and senior lecturer in podiatry at the University of Huddersfield. He has worked at Huddersfield since 2004 previous to that he worked as a podiatrist for Harrogate Health NHS trust. His areas of interest are musculoskeletal podiatry, podiatric biomechanics and evidence-based practice. In September 2017 he completed his PhD entitled 'A hermeneutic enquiry into how MSK podiatrists interpret and use evidence in practice'.



## How to book

Register for a place at <http://hud.ac/iOn> and enter password: **SFC-NC2021**

Once registered you will have access to the learning resources. **You must complete the pre-webinar learning prior to the webinar.**

You only need to attend one webinar, dates and times below.

| Webinar dates and times |         |
|-------------------------|---------|
| 29 April 2021           | 1.30pm  |
| 8 June 2021             | 10.30am |
| 2 July 2021             | 3.30pm  |
| 17 August 2021          | 10.30am |
| 9 September 2021        | 1.30pm  |

## Fees

This course has a limited number of places funded for West Yorkshire Social Care organisations by Health Education England North East and Yorkshire. Applications are welcomed as soon as possible.