

NHS @HOME OPERATIONAL UPDATE:

NHS



NHS England and NHS Improvement



NHS @home

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Dear colleagues,

This month we're pleased to extend this update to cover all the work of [NHS @home](#), alongside regular updates on COVID Oximetry @home and COVID virtual wards.

Over the past few weeks we've consulted with many of you on the vision for NHS @home - to support embedding more connected, personalised care at home, including care homes. This builds on learning from work on remote monitoring using pulse oximetry and supporting systems to deliver their plans.

This isn't an exhaustive list, but we're currently focussed on:

- [Blood Pressure @home](#): working alongside the Clinical Policy Unit at NHS England and NHS Improvement, as well as NHSX to embed better home management of primary care blood pressure across
- **Proactive Care @home**: the [Proactive care frameworks](#) developed by UCL Partners form the basis of this work, working with primary care colleagues to better support people with a range of long-term conditions.
- **Managing Heart Failure @home**: currently working with five ICSs to support people with heart failure to better self-manage their condition.
- **Pulmonary Rehab @home**: aligned to Long Term Plan ambitions, this work is supporting more people to be referred to and complete a good quality pulmonary rehabilitation programme.
- Extension of **virtual wards**: working alongside partners to expand virtual wards to non-Covid patients, as safe alternatives to admission and supporting earlier discharge.

We are bringing together partners across national bodies, regions, local areas and supporting organisations to deliver this work in a way that adds value to existing initiatives, supports personalised care, alongside is focussed on restoring and improving services, and reducing health inequalities.

To this end, we're pleased to be offering a series of regional meetings over the coming weeks, to discuss the support on offer from the national team and to ensure it fits with local priorities. More details on that below.

If any of your colleagues would be interested in receiving this update, please do forward on, or you can find all our updates, including previous oximetry-specific updates on the [NHS @home FutureNHS network](#).

Tim Straughan
Director of NHS @home

Regional support offer meetings

The NHS @home team is offering the option of regionally hosted meetings to discuss the support on offer to implement NHS @home pathways and services locally. These meetings will reflect local circumstances and priorities and help to ensure join up of support being provided from NHS @home, Personalised Care and from NHSX. There will be an opportunity for further in-depth discussions with individual ICSs following the initial meetings. To find out more about the plans or discuss this offer in your area, please contact your regional lead or jo.linford@nhs.net from the national NHS @home team.

May Measurement Month: The importance of home blood pressure monitoring

For May Measurement Month and World Hypertension Day, we're raising awareness of the importance of people regularly checking their blood pressure. The [Blood Pressure @home project](#) is working to make home blood pressure monitoring available across the country so that people with hypertension are better supported to monitor and manage their blood pressure. It is estimated that regular home blood pressure monitoring across a population of 50,000 has the potential to prevent 300 heart attacks and 477 strokes over three years. Read more in [this blog published to mark World Hypertension Day](#) from National Clinical Director for Cardiovascular Disease Prevention, Shahed Ahmed.

NIHR research funding opportunity: NHS @home evaluation

The National Institute for Health Research (NIHR) is commissioning an evaluation of the NHS @home programme. Following an introductory webinar about the evaluation on Tuesday 11 May, NIHR will be hosting a second webinar to provide more detail on the programme itself. This webinar will take place at 11am on Thursday 17 June 2021. If you are aware of any study teams which would be interested in attending the webinar, please [share this link](#) where they will be able to register for the webinar and find out more about the evaluation.

Using clinical judgement to assess patients for COVID Oximetry @home

When onboarding patients onto COVID Oximetry @home, clinicians can apply clinical judgement when deciding who can be accepted onto the pathway. The [clinical judgment list on the FutureNHS platform](#) provides examples of emerging evidence for certain groups such as pregnant woman, who are not included as Clinically Extremely Vulnerable (CEV) but may still be at a higher risk of negative outcomes from coronavirus and can therefore be considered for the pathway. The guide should be used in conjunction with other relevant risk factors and alongside local risk stratification and population health management models.

Multilingual versions of pulse oximetry patient video - please share

The NHS video showing people [how to use a pulse oximeter at home](#) is now [available in multiple languages](#) as part of the Health and Care video library. This includes the 12 most spoken languages in England. The video is for people with suspected or confirmed coronavirus, who have been asked to monitor their oxygen levels at home using a pulse oximeter and are being supported by [COVID Oximetry @home](#) or [COVID virtual ward services](#).

[NHS @home e-learning programme homepage now live](#)

The [NHS @home e-learning programme homepage](#) is now live on the e-Learning for Healthcare (HEE e-LfH) website. This has been developed in partnership with the West of England Academic Health Science Network, and the Wessex Local Medical Committee. The programme currently covers the COVID Oximetry @home and COVID virtual wards pathways, offering e-learning resources to enable people to be confidently monitored in community settings such as care homes. Further e-learning resources will be made available in due course.

[HSJ Awards: Don't miss your opportunity to apply](#)

Entries for the HSJ Awards 2021 close at midnight on Friday 4 June 2021. There are a few categories which may be relevant for colleagues working on COVID Oximetry @home and/or virtual wards, including: [Driving efficiency through technology](#), [Digitising patient services](#) and the [Patient safety award](#). Entrant eligibility can be found on each individual category criteria pages can be found on the [HSJ Awards website](#).

[Events and webinars](#)

India-UK webinar series: The AHSN Network and the [South Asian Health Foundation](#) have been working on a series of webinars to support learning and exchange opportunities with clinicians from the UK and India on COVID-19. So far there have been five webinars, on topics including remote monitoring, ICU management, prevention and wellbeing. Details of the remaining webinars and links to recordings are [available here](#).

COVID Oximetry @home learning network meetings: The [next learning network meeting](#) will take place on Tuesday 25 May 2021 at 3.30pm. These are open to anyone working in or setting up COVID Oximetry @home or virtual ward services.

The King's Fund: [Supporting people to work in new ways: what have we learnt from the Covid-19 pandemic?](#) Featuring Dr Caroline O'Keeffe, Cheryl Crocker and Dr Matt Inada Kim speaking about oximetry on Tuesday 8 June at 9.30am.

BMJ and Institute for Healthcare Improvement: [International Forum on Quality and Safety in Healthcare Europe 2021](#): Innovations in patient monitoring, Wednesday 9 June 2021, 12- 12.45pm (Dr Matt Inada Kim).

Listen again

NHS Confederation event: [How can virtual hospitals aid recovery and offer a new relationship between the NHS and the public?](#) (Wednesday 21 April)

To share something in the next update or to provide feedback, please email england.home@nhs.net

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NHS @home Team
The Personalised Care Group
NHS England and NHS Improvement

