

Sign up to be a Volunteer or Buddy today, visit [www.mencap.org.uk/bradford-buddies](http://www.mencap.org.uk/bradford-buddies)



**Bradford Buddies** is a project that supports people with a learning disability and/or autism in the Bradford district to have a full and varied social life.

We **match buddies with one of our amazing volunteers** based around shared interests so they can enjoy meeting up in their local community and building a great friendship.

Through our monthly group socials we support and empower each other to **develop new friendship groups**, try new activities and most importantly, have a great time.



For more information | [bradford.buddies@mencap.org.uk](mailto:bradford.buddies@mencap.org.uk) | 07970 962652



**VOLUNTEERS WE NEED YOU!**  
**SIGN UP TODAY**



**Help someone's life for the better!**



Registered charity number 222377 (England and Wales); SC041079 (Scotland) 2023.031

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