



To submit any material for the bulletin, the deadline is 5pm the day before the next edition is due. Please ensure any information you consult is from a reliable source, including the NHS, or Public Health England.

Thursday 4th July 2024

KEY DATES FOR YOUR DIARY

Upcoming events can also be viewed in the **EVENTS CALENDAR** in the Provider Zone!

- Go4Growth Training Event: Writing Policies for Public Sector Work – 9 July 2024

ANNUAL SEND CHILDREN AND YOUNG PEOPLE SURVEY

The SEND Transformation and Compliance team is delighted to share our Annual SEND children and young people survey for 2024. A big thank you to the Bradstarz members that have spent the past few months co-producing this survey. The survey is open to all children and young people with SEND up to the age of 25, that live and/or go to school/college within the Bradford District. Share your views in our online survey. If you require any assistance completing this survey, please contact the SEND Transformation and Compliance Team on

SENDT&C@bradford.gov.uk

CARE HOME VACANCY MAP

A map of care home vacancies is used by Council teams to help people search for care home placements. It is refreshed each week to show up to date information and data is drawn from the information registered in the Capacity Tracker.

The day that data is being refreshed in the map is changing. The Council will now download the data on a Monday morning. To ensure your vacancy information is up to date in the Care Home Vacancy Map for the upcoming week please ensure the data is updated in the Capacity Tracker by the end of Sunday each week.

CARE HOME PROVIDERS CLEAR LEVEL 1 AWARENESS TRAINING

DEVELOP A GREATER UNDERSTANDING OF
BEHAVIOUR IN DEMENTIA FROM THE PERSPECTIVE
OF EACH INDIVIDUAL PERSON.

OVERVIEW

The aim is to develop a greater understanding of behaviour in dementia from the perspective of each individual person.

The session covers:

- an increased awareness of different types of dementia
- an increased awareness of ways to improve communication
- an increased awareness of ways to support people with dementia.

The training is suitable for carers and care staff who work with people with dementia.



AIMED AT

The programme is for **Care Home Providers** and is aimed at **Senior Care Staff & Dementia Champions, Nurses or Deputies & appropriate person/s** able to feedback what they have learned and can influence making changes to practice in their workplace.

Please note - due to limited spaces and high demand, spaces are limited to 2 places per Care Home.

DURATION

1 x 3-hour Session (with break during)

DELIVERY

MS Teams

COURSE PRICE

The training is completely **FREE!!**

Please note, if you fail to attend the session you have booked onto and/or do not cancel your place at least 48 before there may be a charge.

BOOKING

To book your place on the one of the training sessions you will need to **click on your preferred date below and sign up via Eventbrite.**

Please join on your own device, making sure your camera and mic are working, and join the Teams session 15 minutes early.

- [Wed, 17 Jul 2024, 09:30 - 12:30](#)
- [Tue, 10 Sept 2024, 13:00 - 16:00](#)
- [Wed, 18 Sept 2024, 09:30 - 12:30](#)
- [Wed, 16 Oct 2024, 09:30 - 12:30](#)
- [Tue, 19 Nov 2024, 13:00 - 16:00](#)
- [Wed, 15 Jan 2025, 09:30 - 12:30](#)

Once registered, you will be emailed the Teams Calendar Invite.

LEARNING DISABILITIES SHOWCASE EVENT

Join us on Thursday 11 July from 12.30pm to 5pm at Margaret McMillan Tower for a day filled with insightful presentations, interactive workshops, and networking opportunities. We are delighted to be hosting Saba Salman - author and Guardian Journalist – who is a sibling to an individual with a learning disability. Saba has a special interest in race and ethnicity within learning disabilities and is writing her current book on this topic from a sibling lens. Saba has heard about the good work taking place in Bradford and we wanted to share our learning and celebrate our achievements. [Book your place through Eventbrite.](#)

LEADERSHIP FOR WOMEN: WOMEN IN GOVERNANCE WORKSHOPS FOR COMMUNITY LEADERS

Are you a leader in your local community? Do you want to have more of a say how organisations are being run? Organisations like your child's school, a local authority? Or a health authority? A community organisation? Do you want to be more involved in decision-making arenas? If yes, then our upcoming workshops are for you.

Wellsprings Together is running five sessions across the Bradford district – book your place on your chosen date using the Eventbrite links. Lunch will be provided. Please let us know if you need childcare - contact kaneez.khan@wellspringstogether.org.uk.

- Wednesday 3 July, 12-3pm, Millside Centre, 131 Grattan Road, Bradford BD1 2HS. [Book your place on Eventbrite](#)
- Tuesday 9 July, 12-3pm, St Paul's Church Manningham, 63 St Paul's Road, Manningham, Bradford BD8 7LS. [Book your place on Eventbrite](#)
- Wednesday 10 July, 12-3pm, Good Shepherd Centre, Guard House, West Lane, Keighley BD22 6ES. [Book your place on Eventbrite](#)
- Thursday 11 July, 12-3pm, Sutton Centre, 51 Kyffin Place, Bradford BD4 8NB. [Book your place on Eventbrite](#)
- Tuesday 16 July, 12-3pm, Shine West Bowling, St Stephen's Church, Donisthorpe Street c/o 48 Newton Street, West Bowling, Bradford BD5 7BX. [Book your place on Eventbrite](#)



MONDAY 8TH JULY 2024, 10pm to 2pm & 3pm to 5pm

MARGARET McMILLAN TOWER, PRINCES WAY, BRADFORD, BD11NN

BRADFORD'S PFA LIVE EVENT

(PREPARATION FOR ADULTHOOD)



**THIS IS YOUR OPPORTUNITY
TO MEET THE SERVICES
AND SUPPORT AVAILABLE
IN BRADFORD TO PLAN
YOUR NEXT STEP AND
REACH YOUR FUTURE
GOALS!**

**FOR YOUNG PEOPLE WITH SEND AGED 12 AND ABOVE,
INCLUDING PARENTS OR CARERS!**



SCAN ME

SIGN UP HERE :

[HTTPS://WWW.UNIVERSE.COM/PFALIVEEVENT2024](https://www.universe.com/pfaliveevent2024)

SERVICES AT THE EVENT:

- POST 16 PROVIDERS
- PARENT CARER GROUPS
- LOCAL OFFER
- SOCIAL CARE
- FAMILY HUBS
- HEALTH
- CHARITIES
- FYI
- VOLUNTARY ORGANISATIONS



THE COVID-19 INQUIRY - EVERY STORY MATTERS

We want you to share your pandemic story, to help us learn lessons for the future. Every Story Matters.

The pandemic had an unprecedented impact. We think it's vital that our stories are told – they deserve to be heard.

This is why we're encouraging everyone to submit their story to the UK Covid-19 Inquiry at EveryStoryMatters.co.uk, the Inquiry's anonymous platform. This is a unique opportunity for our sector to have a strong collective voice - have it heard - and help shape the Inquiry's investigation.

Every Story Matters is your chance to tell the Inquiry what you think could be learned, what could have been done better, or differently – or if something was done well.

What is the UK Covid-19 Inquiry?

It's the public inquiry set up to examine the UK's response to the pandemic and its impact. The Inquiry is independent from the government and completely impartial.

Why should I share my story?

The Inquiry wants to hear from as many people as possible, from different communities throughout the UK.

We know some experiences are painful to talk about, and sometimes it's difficult thinking back, but the Inquiry needs to hear from you. Your individual story is valuable, as it will help the Inquiry better understand how Covid-19 affected us all – and what could be done if it happens again.

How can I share my story?

By using [this link](#), you'll be taken to a short online form where you can share your pandemic story.

A record of all analysed stories will be produced and submitted into each relevant investigation as evidence. These will be anonymised.

Help is available if you need it

Sharing your story may trigger some difficult feelings and emotions. If you need help, please visit: everystorymatters.co.uk for a list of support services.

THE COVID-19 INQUIRY - EVERY STORY MATTERS

Bradford Care Association is joining with the Care Association Alliance to encourage everyone in the care sector to share their pandemic stories, via the UK Covid-19 Inquiry's [EveryStoryMatters.co.uk](https://www.everystorymatters.co.uk) campaign.

The Covid-19 pandemic had an unprecedented impact on those working in and drawing on adult social care services. **Every story does matter.** Sharing our experiences – be that from staff or recipients of care - will help shape the understanding of what happened and help to bring about some positive change.

The Inquiry's public hearings for their investigation into the care sector, will begin in summer 2025. Those with involvement in the care sector can share their story any time, but **sharing stories before the 19th of July will ensure they formally feed into investigations ahead of the care sector module in early 2025.**

ALCOHOL AWARENESS WEEK IS 1 - 7 JULY: TRANSFORM YOUR DRINKING HABITS

Alcohol Awareness Week is a chance for people to think about drinking and understand alcohol harm and the centre-stage role that it plays in our lives.

Living Well – our system-wide healthy lifestyle movement - is shining a spotlight on [DrinkCoach](#), an online quiz designed to help people make informed decisions about alcohol.

DrinkCoach is designed to help people work out how risky their drinking is, access personalised advice online and find out where to get support in Bradford district.

Help us spread the word To raise awareness of alcohol harms and the services available for people in Bradford district we would really appreciate support to share our resources through your networks. [Download the communications toolkit.](#)

STOMP & STAMP



Do you care for or work with people with learning disabilities who are prescribed psychotropic medications?

- Do you want to find out more about STOMP, STAMP & why medication reviews are important for people?
- Do you want to find out about alternatives to medications?

BDCFT is providing free training via Microsoft teams to anyone supporting or working with people with learning disabilities across the Bradford district about STOMP & STAMP - please contact kelly.oconnor@bdct.nhs.uk to book onto one of the dates identified below.

23rd May 2024 2-4pm

18th July 2024 1-3pm

7th November 2024 1-3pm

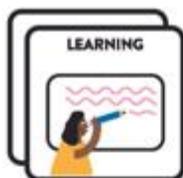
We support

STOMP

Stopping over-medication of people with a learning disability, autism or both



Lifelong Learning Programmes in Ilkley



Purple Patch Arts offer weekly Lifelong Learning Programmes for learning-disabled and autistic adults across Yorkshire.



We use art, music, drama, and multi-sensory activities to make learning fun and accessible.



Our Ilkley Programme happens 10am – 3pm on Tuesdays during term time.



Contact us for more information:

info@purplepatcharts.org | 07510330105



@purplepatcharts

Be someone's...

Learn more about a rewarding career in social care today



Bradford Council and Bradford Care Association have launched the first of three phases of a much-needed recruitment campaign, aimed at inspiring people across the city to embark on a rewarding career in adult social care.

Titled, "Be Someone's..." this campaign highlights the crucial role social care workers play in supporting individuals in need across Bradford District and Craven - because, when you work in social care, you get to make a tangible difference to someone's life which is incredibly rewarding.

Why not take a look at Pamela from Bluebirds story on the recruitment campaign page <http://www.skillshouse.co.uk/someone> or even better *put your organisation forward to feature in phase 2 of the campaign*. If you are interested in featuring as a case study then please email Laryssa.farrell@bradford.gov.uk cc'ing angela@bradfordcareassociation.org. The campaign developers will be photographing/filming w/c 5 August 2024 so please make sure you are available on this date.

All people interested in applying for social care roles, will be directed to the Bradford Cares website <https://bradfordcares.co.uk/our-latest-jobs/>. We are encouraging all employers to ensure that all their current vacancies are on there by emailing Meg admin@bradfordcareassociation.org to maximise candidates seeking employment.

Through compelling storytelling, testimonials, and visuals, the campaign aims to attract individuals from diverse backgrounds who are passionate about making a positive impact in their community. The campaign will be promoted through various channels, including social media, local media outlets, digital and print signage around the city and in community gathering spaces. We are encouraging all our employers, staff and workers to share the campaign far and wide on their social media too (more details to follow).





STEW

Support | Train | Eat | Well

STEW – Support and Train to Eat Well is a dietitian led NHS service, provided by the **BDC Nutrition Support Team**. It offers support to care homes within Bradford District and Craven to help support residents at risk of malnutrition.

What does STEW Training include ?



STEW Catering Course

Including food and drink fortification and texture modification, menu planning and more. Free catering resources



Dietetic Assessment

for individual residents at high risk of malnutrition



STEW Nutrition Workshops

Including malnutrition screening, care planning, malnutrition monitoring, food and drink fortification, texture modification and more



Ongoing programme of training

and support for care home managers and new staff, inc annual refresher training and competency support

New STEW recipe book coming soon... please can previously trained homes get in touch for their copy!

If you would like to register your interest

and receive further information please email:

ahsft.bdcnst@nhs.net

How to give Bisphosphonates

E.g. Alendronic acid 70mg tablets & Risedronate 35mg tablets (once weekly).
 Alendronic acid 10mg & Risedronate 5mg (once daily)
 Ibandronic acid 150mg (once monthly)

What are Bisphosphonates?

They are a group of medicines that bind to bone to strengthen and help prevent fractures.

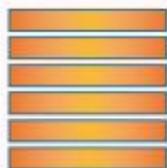
How should they be taken?

	They are usually taken immediately on getting out of bed in a morning.
	On an empty stomach – patient must not have had any tea, coffee, juice, breakfast or other swallowed medication. <i>*if the person has had any of the above, then the dose should be deferred until the following morning.</i>
	Must be stood or sat upright. Being propped up on pillows is insufficient; must be sat up as if in an upright chair.
	The tablet must be swallowed whole with a full glass (around 200ml) of plain drinking water.
	Tablets should not be sucked, chewed or broken.
	Sit or stand upright for 30 minutes after taking the tablet (60 mins for Ibandronic acid – Brand name Boniva)
	No food, drink (other than water) or other swallowed medication for at least 30 minutes after taking the tablet (60 mins for Ibandronic acid – Brand name Boniva).

Why is this important?

If bisphosphonates are not taken according to the administration instructions (contained within the patient information leaflet) there is a high risk of side effects occurring and/or the medication not working.

Calcium and vitamin D tablets (such as Adcal D3, Calcichew D3) are often prescribed alongside bisphosphonates to help them work more effectively. They can affect the absorption of bisphosphonates and as such they should be taken at least 4 hours after the bisphosphonate is taken e.g. lunchtime. Always follow the instructions on the label, if you have any concerns or the person cannot follow the administration instructions, **contact the GP before administration.**



Credit Union

BRADFORD DISTRICT

Exclusive membership offer!

Facing financial hardship and on a low income?

BDCU are offering savings and loan facilities for employees working in adult social care, primary care and the VCSE, delivering health and social care activities in Bradford District and Craven.



SAVINGS SCHEME

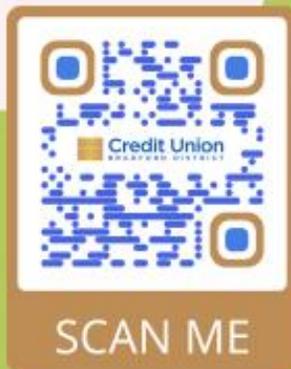
- ✓ Open a Credit Union account
- ✓ Save £10 for three months in a row
- ✓ We'll put an extra £30 into your account

LOAN SCHEME

- ✓ £200 loan for staff with low credit rating
- ✓ Build your credit score
- ✓ Qualify for savings scheme



You must use code:
HSC OFFER
to qualify.



bit.ly/HSC-Offer