

# Food and Nutrition Training Programme

## 2021/22

Do you work within the Bradford and Airedale area and provide food and nutrition advice as part of your role?  
 Do you want to update your nutrition knowledge and be able to give correct advice?  
 You may be interested in attending the following **free** training **offered** by the Bradford Nutrition Improvement Dietitians Team.  
 To book onto a course contact Sue Bradley on (01274) 365387 or complete the booking form (overleaf)

Course	Date	Time	Venue
<b>Nutrition Through Life Stages</b>			
Nutrition for Primary School Children	Wednesday 12th May 2021	9.15am - 12.30pm	St Luke's Hospital
Nutrition for Teenagers	Wednesday 26th May 2021	9.15am - 12.30pm	St Luke's Hospital
Nutrition for Older Adults	Wednesday 2nd June 2021	9.15am - 12.30pm	St Luke's Hospital
Eating Well for Adults (Part 1)	Wednesday 4th August 2021	9.15am - 12.30pm	St Luke's Hospital
Eating Well for Adults (Part 2)	Wednesday 11th August 2021	9.15am - 12.30pm	St Luke's Hospital
Nutrition for Primary School Children	Wednesday 17th November 2021	9.15am - 12.30pm	Online
Nutrition for Older Adults	Wednesday 1st December 2021	9.15am - 12.30pm	Online
Eating Well for Adults (Part 1)	Wednesday 23rd February 2022	9.15am - 12.30pm	Online
Eating Well for Adults (Part 2)	Wednesday 2nd March 2022	9.15am - 12.30pm	Online
Nutrition for Teenagers	Wednesday 16th March 2022	9.15am - 12.30pm	Online
<b>Nutrition Awareness</b>			
Eating Well on Budget	Wednesday 28th April 2021	9.15am - 12.30pm	St Luke's Hospital
5 A Day (How to eat a rainbow) <b>New!</b>	Wednesday 30th June 2021	9.15am - 12.30pm	St Luke's Hospital
Eating Well on Budget	Wednesday 20th October 2021	9.15am - 12.30pm	Online
5 A Day (How to eat a rainbow)	Wednesday 15th December 2021	9.15am - 12.30pm	Online
<b>Nutrition &amp; Health Conditions</b>			
First Line Adult Weight Management	Wednesday 8th September 2021	9.15am - 12.30pm	St Luke's Hospital
Managing Poor Appetite in Adults	Wednesday 22nd September 2021	9.15am - 12.30pm	Online
Nutrition and Coronary Heart Disease	Wednesday 6th October 2021	9.15am - 12.30pm	Online
Eating Well for Men's Health	Wednesday 3rd November 2021	9.15am - 12.30pm	Online
First Line Adult Weight Management	Wednesday 12th January 2022	9.15am - 12.30pm	Online
Calcium and Osteoporosis <b>New!</b>	Wednesday 26th January 2022	9.15am - 12.30pm	Online
Managing Poor Appetite in Adults	Wednesday 16th February 2022	9.15am - 12.30pm	Online
Diet and Menopause <b>New!</b>	Wednesday 23rd March 2022	9.15am - 12.30pm	Online

# Booking Form

Please complete this form and email to:

**Dietitians.Office@bthft.nhs.uk**

Please note a letter of confirmation will be sent out to confirm your place.

<b>Course Title</b>	
<b>Preferred Date and Venue</b>	
<b>Name</b>	
<b>Job Role</b>	
<b>Address</b>	
<b>Postcode</b>	
<b>Telephone number</b>	
<b>Mobile number</b>	
<b>Email address</b>	
<b>Managers name</b>	
<b>Managers email</b>	

**Please note:**

The sessions run from 9.30am-12.30pm with registration from 9.15am.

**If you are unable to attend a course that you have booked on, please contact Sue Bradley on 01274 365387 at least 48 hours before the course.**



**Nutrition Advisory  
Helpline (staff only)  
01274 783124**

**Bradford Nutrition & Dietetic Services**  
**Dietitians.Office@bthft.nhs.uk**  
**www.bradford-dietetics.org**