

FALLS PREVENTION AWARENESS TRAINING

Train the Trainer

The training will start on 24th November, 2pm - 3pm and will run for 4 weeks every Tuesday till 15th December.

2-3pm Maximum 1 hour for each session

If you work within a nursing home, care home or home care with an interest in training your colleagues in falls prevention, then this is the course for you. Join The Falls Prevention Team from Bradford District Care Foundation Trust on 4 short sessions.

If the staff who are joining email Jane at CFT.Training@bdct.nhs.uk to register, their booking will be confirmed and the Workbook will be sent electronically.

Sessions Include:

Falls screening and multifactorial assessment, Osteoporosis, Medications and Falls, Strength and Balance Exercise, Postural Hypotension, Visual Impairment, Feet and Footwear, Action Planning, Safety Huddles and more

The training will be delivered via Telehub virtual training room

Joining details:

- Open Google Chrome (must be Google Chrome, not Google)
- Enter <https://meet.medio.link> in to the address bar
- Enter BAWCTrainingRoom@medio.link in to the 'Person or conference to call' box
- When prompted, each individual who enters the "room" should enter their own name and the name of their care home and connect the call
- You are now in the Bradford, Airedale, Wharfedale and Craven virtual training room

For further information, please contact:

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