

Avicenna Medical Practice Walking Group



- **Every Wednesday for 6 Weeks** •
Starting 24th April 2024
1st May, 8th May, 15th May, 22nd May, 29th May
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• **Meeting at 1:30pm** •
Outside the Main Entrance

• **Barkerend Health Centre** •
Barkerend Road, BD3 8QH

This group is supported by the Active Travel Social Prescribing Project. The walk will be at a relaxing pace and will last around 45 minutes. It will be led by a male Walk Leader. Please wear comfortable shoes or trainers.

If you have any questions please email activetravel@bradford.gov.uk or just turn up on the day for the walk.

Please note you may be asked to complete a survey as part of this group.