

Advance Care Planning and Conversation Skills - Training Package for Carers working in Domiciliary Care and Care Home Settings during COVID

A package of resources has been developed for carers working within care at home services and care homes during the COVID pandemic. The aim of this package is to introduce Advance Care Planning (ACP) and provide support to help staff develop the skills and confidence to have conversations with clients and residents about their future wishes for care.

These resources are based on a training package which prior to the COVID outbreak was delivered using face to face cascade training. As this model cannot be currently be used due to social distancing requirements, the package outlined below has been developed to provide interim support and training during the COVID pandemic. It can be accessed remotely and at a time to suit the learner.

The package comprises:

- . One-hour recorded training session, delivered by the education hub leads from St Gemma's Hospice in Leeds and Wakefield Hospice – link to access recording is here: <https://vimeo.com/421448975>
- . Supporting slide pack – available to download [here](#) (N.B. Large file size – may take some time to download)
- . A guide to Advance Care Planning: [http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/WYH%20STP/Advance%20Care%20Planning-a%20guide%20\(002\).pdf](http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/WYH%20STP/Advance%20Care%20Planning-a%20guide%20(002).pdf)
- . My Future Wishes document (editable Advance Care Plan)
http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/Care%20Planning/ACP%20Resources/Advance_Care_Plan_May2020_editable.pdf
- . My Future Wishes Conversation Starter Pack – tool to enable people with any long term health condition to discuss and plan future wishes
<http://www.yhscn.nhs.uk/media/PDFs/mhdn/Dementia/Care%20Planning/Alzheimers%20resource/My%20Future%20Wishes%20Care%20Pack%20PDF%20READ%20VIEW.pdf>

You can also download a document [HERE](#) which summarises the package and feedback from care home and home at care staff who attended the live training session.