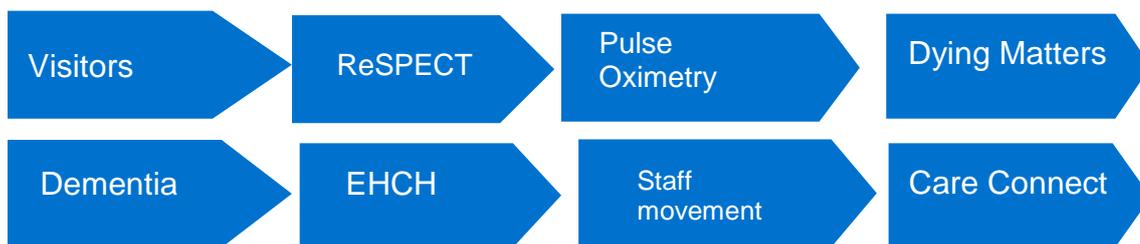


Tuesday 23 March 2021

Care Home Edition 12

Care@Home newsletter

Supporting people living with frailty and experiencing escalating needs during Covid-19



The Care@Home work stream is leading on the organisation of our COVID-19 response for care homes and the frail elderly at home in Bradford district and Craven.

We are working with key NHS, local authority, VCS and independent sector partners to keep as many people at home as possible and are working directly with care homes to support them in a different way for the next few months.

We are introducing practical pathways for managing people that get sick in care homes, and frail elderly who get sick in their own homes - with covid, or non-covid related illness.

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1. Care home residents to be allowed one visitor

Care home residents will be able to be visited indoors by a single, named individual from Monday 8 March 2021, as part of the Prime Minister's roadmap to ease lockdown restrictions. All visitors will be required to have a test beforehand and wear PPE during the visit.

Read the press release here: https://www.gov.uk/government/news/care-home-residents-to-be-allowed-one-visitor-as-part-of-cautious-easing-of-lockdown?_cldee=YmV2LmdhbGxhZ2hlckBicmFkZm9yZC5uaHMudWs%3d&recipientid=contact-7e232db840aee61194120050568779ad-99a5fbc47c84d8c87174f22c5dff182&esid=3002fa12-2a7c-eb11-a812-0022481a68ce

To support this, the Government have released **guidance** which sets out how care homes and visitors can prepare for visitor testing with lateral flow devices.

<https://www.gov.uk/government/publications/coronavirus-covid-19-lateral-flow-testing-in-adult-social-care-settings>

2. Guidance on limiting staff movement between care homes and other care settings

Care home providers should continue to limit staff movement between settings in all but exceptional circumstances to help reduce the spread of COVID-19 infection. This guidance sets out what's expected of providers on the routine movement of staff and how to manage the risks of movement in those exceptional circumstances.

Read the guidance: https://www.gov.uk/government/publications/restricting-workforce-movement-between-care-homes-and-other-care-settings?_cldee=YmV2LmdhbGxhZ2hlckBicmFkZm9yZC5uaHMudWs%3d&recipientid=contact-7e232db840aee61194120050568779ad-99a5fbc47c84d8c87174f22c5dff182&esid=3002fa12-2a7c-eb11-a812-0022481a68ce

To help support this, the Care Provider Alliance have outlined a [staff movement risk management framework](#) that care homes can use to manage restriction on staff movements.

https://careprovideralliance.org.uk/coronavirus-staff-movement-risk-management-framework-cpa?_cldee=YmV2LmdhbGxhZ2hlckBicmFkZm9yZC5uaHMudWs%3d&recipientid=contact-7e232db840aee61194120050568779ad-99a5fbc47c84d8c87174f22c5dff182&esid=3002fa12-2a7c-eb11-a812-0022481a68ce

3. Information for patient and carers on ReSPECT

Recommended Summary Plan for Emergency Care and Treatment (ReSPECT) information for nursing/residential care home staff

You should now be seeing ReSPECT forms being used by your GPs and when your residents are coming out of hospital and the following information should act as a refresher

Any new diagnosis such as cancer, dementia, frailty etc. or a diagnosis of COVID-19 is an important opportunity to understand someone's wishes. This is also important if we think residents are in the past year of life or if they are new to a care setting. Staff in care homes are ideally placed to prompt these conversations to take place between the residents, families and the GP and you should be asking your GPs to consider a ReSPECT for each of these situations

It is not about denial of treatment but about ensuring patients and families can express their wishes, whether or not that is for life sustaining treatment. Respect should not be used just to confirm resuscitation status and must involve a conversation with patients and families about emergency care preferences. You do not have to transfer over existing DNAR forms but all new conversations must involve emergency planning as well as resuscitation and go on a ReSPECT form.

You may find the following short resources useful to share with staff which explains more about ReSPECT

- 1) 2 minute video <https://www.youtube.com/watch?v=wWkyao8tWRQ>
- 2) 2 page summary for developed for the Care Home setting
<https://www.resus.org.uk/sites/default/files/2020-06/ReSPECT%20information%20for%20nursingresidential%20care%20home%20staff.pdf>

You may also find the following information useful to share with your residents and families

Website

<https://www.resus.org.uk/respect/respect-patients-and-carers>

Link to Easy Read leaflet

<https://www.resus.org.uk/sites/default/files/2020-06/ReSPECT%20easy-read%20leaflet%201%20-%20Introduction.pdf>

Link to regular leaflet and also attached

<https://www.resus.org.uk/sites/default/files/2020-06/ReSPECT-Patient-Guide.pdf>

More information can be found in the Bradford Care Homes Resource

4. IMPORTANT DNACPR and RESPECT forms

ReSPECT forms include instructions about attempting resuscitation and so a separate 'DNAR form' is not required.

If a patient has an old DNACPR form that is fine and still stands until a ReSPECT form is put in place.

ReSPECT details the patient's plans in an Emergency and the forms should not be used just to record a resuscitation status.

To avoid confusion the DNACPR forms and template will soon be removed from System One (GP System) and they have already been removed from all the hospitals

The ReSPECT team continue to work with the acute trusts to ensure information is sent to GPs

5. Oximetry @home services for care home residents

COVID-19 Oximetry @home services are supporting people to monitor their oxygen levels with pulse oximeters, including residents in care homes. This follows guidance to support remote monitoring, using pulse oximetry, of people with confirmed or possible COVID-19, including people living in care homes.

This document brings together existing guidance into a single document with some extra detail in terms of what this means for people who live and work in care homes.

The main target audiences are care home managers and staff.

https://careprovideralliance.org.uk/coronavirus-oximetry-at-home-guidance-for-care-homes?_cldee=YmV2LmdhbGxhZ2hlckBicmFkZm9yZC5uaHMudWs%3d&recipientid=contact-7e232db840aee61194120050568779ad-99a5fbc47c84d8c87174f22c5dff182&esid=3002fa12-2a7c-eb11-a812-0022481a68ce

PDF version:

<https://careprovideralliance.org.uk/assets/pdfs/coronavirus-oximetry-at-home-diary-guidance.pdf>

6. Designated settings for people discharged to a care home – updated guidance

This guidance on the designated setting scheme for people discharged from hospital to a care home with a positive COVID-19 test has been updated to reflect updated information on 14 to 90 day testing, and to reflect clarification on the need for clinical assessments on discharge from the designated setting to a care home.

Read the guidance:

https://www.gov.uk/government/publications/designated-settings-for-people-discharged-to-a-care-home?_cldee=YmV2LmdhbGxhZ2hlckBicmFkZm9yZC5uaHMudWs%3d&recipientid=contact-7e232db840aee61194120050568779ad-99a5fbc47c84d8c87174f22c5dff182&esid=3002fa12-2a7c-eb11-a812-0022481a68ce

7. Enhanced Health in Care Homes: A guide for care homes

Published by the Care Provider Alliance, 18 January 2021.

This guide explains what the EHCH programme is, how to make it work in the best way possible for people living in care homes and the people who care for them, and what everyone involved can expect from it. It also contains an annexe covering care homes and PEO LC.

This guide is intended for registered managers of care homes and care home staff in England but may be of interest to a wider group, including healthcare professionals.

<https://careprovideralliance.org.uk/enhanced-health-in-care-homes-cpa-guide>

8. Dying Matters Awareness week 10-16 May 2021

Week commencing 10th May is a chance to bring people and partners together to break the stigma, challenge preconceptions and normalise public openness around death.

The theme will be announced in the next few weeks. Unlike other years this theme will extend beyond the week itself, broadening out activity and opportunities to get involved.

You can find more information about the week on the [Dying Matters website](#). We will also share updates in these email updates.

<https://www.dyingmatters.org/AwarenessWeek>

9. Dementia and Older People Mental Health event

To all members of the Dementia and Older People's Mental Health Team e-Bulletin Distribution List

Booking is now open for two Yorkshire and Humber Clinical Networks Dementia and Older People's Mental Health Whole System events to be held on **23 March 2021**.

The events will look back on what's been achieved across Yorkshire and Humber to improve care for people affected by dementia and OPMH and look ahead to future challenges in this area.

Please book a place on each of the events independently, using the **Eventbrite** links below, and you will be sent joining details nearer the day.

Tuesday 23 March - 9.30-1pm

Booking link: <https://yhcnandwyhhcpimprovingdementiacare.eventbrite.co.uk>

This event will focus on learning from the West Yorkshire and Harrogate Health and Care Partnership National Dementia Pilot work to reduce non-essential hospital admissions for people living with dementia.

This work includes:

- Improving awareness of delirium and how to prevent and treat it
- Advance Care Planning is everyone's business - taking a whole system approach to increasing opportunities for people affected by dementia to talk about and record their future wishes for care
- Improving understanding and management of distress behaviours in people living with dementia, using the CLEAR tool

We will also include examples of Yorkshire and the Humber-wide work, including support to unpaid carers, sharing learning during COVID and supporting people to live well with dementia.

Finally, we will be looking ahead to future challenges and how the network can support collaboration and partnership working to address these.

If you have any problems with booking your place, please contact carole.tarff@nhs.net.

We hope you can join us!

10. Care Connect portal in Emergency Departments for Care Homes

Care@Home-Telemedicine in A&E for Care Homes

The Immedicare Connect Portal is now live in Airedale and Bradford Emergency Departments (ED).

This means that following a call to the Digital Care Hub, the Telemedicine clinical assessors can escalate directly to ED who can then dial in to the Care Homes via video.

This will enable ED doctors to carry out a virtual assessment and reduce unnecessary and inappropriate attendance at Accident and Emergency as well as supporting care homes to keep their residents at home.

Care Homes are encouraged to restart their Immedicare laptop weekly and to always keep it turned on ready to receive calls.

If you are involved in delivering care as part of EHCH please talk to your care homes about how they may use this service.

11. Supporting care homes with pulse oximetry

For more information on pulse oximetry for care homes the Care Provider Alliance have recently published their guide online.

See link to guide: <https://careprovideralliance.org.uk/coronavirus-oximetry-at-home-guidance-for-care-homes>

New e-learning materials can be accessed via e-Learning for Healthcare, and a recording of a webinar hosted by the AHSN Network is also available.

E-learning materials can be accessed here:

<https://portal.e-lfh.org.uk/Component/Details/679015>

Webinar: <http://www.ahsnnetwork.com/covid-oximetry>

12. Aspiring Leaders Programme – Queens Nursing Institute

The Queens Nursing Institute are delighted to announce that applications for their bespoke Aspiring Leaders Programme are now open for all nurses working in the community, primary and social care.

The programme is designed to support the professional development of nurses to become future leaders in healthcare, to the benefit of people, families and communities they serve.

Who is eligible to apply?

- This programme is open to all nurses working in the community and primary care setting including care home nurses.
- Applicants must have a minimum of 5-years' experience working in a community or primary care setting.
- Applicants must demonstrate a desire to progress to a leadership position beyond their current role.

The closing date for applications is 26th March 2021 23.59.

<https://www.qni.org.uk/explore-qni/leadership-programmes/aspiring-leaders/>

13. Covid-19 Symptom Management guide for care homes

Published by Skills for care, January 2021.

<https://www.skillsforcare.org.uk/Learning-development/ongoing-learning-and-development/Symptom-management/COVID-19-Symptom-management-guide.aspx>

This guide has been developed for adult social care managers to support their teams where they're providing care and support to someone with COVID-19 symptoms in residential care, supported living services or in a person's own home.

It provides some practical tips for managing symptoms of COVID-19 based on clinical guidance and can be used to guide workers whilst taking into consideration each person's individual wishes, preferences, health and specific needs.

Individual employers, personal assistants and unpaid carers may also find it useful.

PDF version:

<https://www.skillsforcare.org.uk/Documents/Learning-and-development/Ongoing-learning-and-development/Covid-19-Symptom-Management-guide/Care-of-people-with-COVID-19-symptoms-living-in-their-own-home-or-in-residential-nursing-care.pdf>